



FFFSSSHHHHH





SPLASH



big So

~ by Julia Arostegi ~



THAT'S
ENOUGH, JO!

NOW COME
BACK INSIDE
AND LET'S GET
IT OVER WITH!





TODAY'S
THE **BIG DAY!**

THE BOOK

I'VE BEEN
TRAINING LIKE
CRAZY FOR THE
PAST MONTH...

AND TODAY...



I'M HAVING
MY FIRST
WEIGH-IN!

THAT'S IT...
THE MOMENT
OF TRUTH!



AND
I AM...

*I'M SO
NERVOUS!!!*



So... I
can't measure
you if you don't
stop shaking!



d... don't
look! I told you
to close your
eyes!

but how
am I going to
see the numbe...
ouch!



ok... ok!
just hop on
the scale...



AND RELAX!
YOU'VE BEEN
WORKING SO
HARD...

IT DOESN'T
MATTER IF YOU
ONLY LOST A
COUPLE OF
POUNDS...

SLOW AND
STEADY, HUH?



roll

roll



I'VE PUT
ON TWO
POUNDS.



WHY ARE YOU
CRYING?!

I'M NOT CRYING!
YOU'RE CRYING!!











LET ME
GUESS: YOU'RE
PREGNANT.

WHAT?!

NO!!



WELL—

WEIGHT
LOSS...





KA-THOOOM!

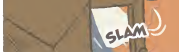
sigh

LOOK,
WEIGHT LOSS
IS AN AREA WE
ACTUALLY DON'T
KNOW JACK
ABOUT.

THERE MIGHT
BE ANY NUMBER
OF REASONS
WHY SHE DIDN'T
LOSE ANY
WEIGHT.







MMH!
DISGUSTING!



I can't
believe I'm
getting to use
these props
for once!

LOOK HERE.
THESE ARE SUPPOSED
TO REPRESENT THE
SAME WEIGHT IN
MUSCLE AND FAT.

AS YOU CAN SEE,
MUSCLE IS **HEAVIER**...
SO, IF SHE GAINED
MUSCLE...



OH, I SEE...
SHE MIGHT **APPEAR**

LEANER BUT IS,
IN FACT, HEAVIER!

MIGHT BE!
MIGHT BE.

BUT, SAY, ALL
THIS EXERCISE...
I BET IT MAKES YOU
AWFULLY HUNGRY,
DOESN'T IT?





3...
00...7



**I REFUSE
TO DIET!**

WHO SAID
ANYTHING ABOUT
DIETING?







Big Jo updates every *Monday!*



so, is
Tom really
pregnant?!



arostegi.tumblr.com



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Have some Panart lying around?
Send them to me at:

 big.jo.Panart@gmail.com

 [Facebook.com/BigJoComic](https://www.facebook.com/BigJoComic)

Wow, they all look so awesome!

